

### **1.1. Skin barrier dysregulation upon exposure to *p*-phenylenediamine in hair dye allergic individuals and non-responding hairdressers**

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## **Abstract**

**Background:** *p*-Phenylenediamine (PPD) is a strong contact allergen used in hair dye products and often the cause of allergic contact dermatitis among consumers and hairdressers. Previous studies have established PPD as a hapten capable of sensitization through penetration of skin, however, the full extent of changes PPD causes in skin of exposed individuals remains unknown.

**Methods:** Skin biopsies were collected from 9 PPD allergic individuals and 7 hairdressers with no allergy to PPD, on day 4 after patch test with 1% PPD in vaseline or vaseline alone. RNA-sequencing and transcriptomics analysis were performed on skin biopsies and confirmed with quantitative RT-PCR. Protein expression was analysed in skin sections with immunofluorescence staining from 5 non-responder hairdressers and 1 allergic individual. Reconstructed human epidermis cultures were used to test the effects of PPD *in vitro* where both RNA analysis and immunofluorescent staining were performed.

**Results:** RNA-sequencing uncovered significant downregulation of epidermal tight junction and *stratum corneum* barrier molecules in skin of severe allergic individuals stimulated with PPD. Tight junction molecules CLDN1, CLDN8, CLDN11, CLMP, OCLN, MAGI1, MAGI2 were found to be downregulated in severe allergic individuals, whereas no changes were observed in non-responding control patients and mild allergic individuals. FLG1, FLG2, CRNN and LOR from the *stratum corneum* molecules were also found to be downregulated in severe allergic individuals. Confocal microscopy imaging of CLMP and CLDN1 in PPD exposed allergic skin also revealed downregulation of TJ proteins and disassociation of TJ molecules from cell membranes. Exposure of PPD to 3D skin tissue culture of healthy mammary skin revealed upregulation of FLG1 and FLG2 in response to allergen stimulation.

**Conclusion:** We demonstrate that the clinical outward signs of inflammation in PPD exposed skin correlates with the extent of transcriptomic changes in the skin. Barrier dysregulation and downregulation of tight junction and *stratum corneum* molecules were observed in severe allergic individuals, while mild lesional skin and skin-of non-responders differ minimally in response to PPD. Our results additionally demonstrate a healthy tissue response to PPD in the form of upregulation of *stratum corneum* barrier molecules, such as FLG1 and FLG2.

## **Introduction**

Allergic contact dermatitis (ACD); also referred to as allergic contact hypersensitivity reaction is mediated by T-cells and the reaction typically appears as a lesion at 2-7 days after allergen exposure. The presentation and severity of clinical reactions depends on exposure site and type of allergen. Reactions are typically observed as eczema or swelling at the site of allergen exposure<sup>(1)</sup>. Irritant stimulus; in the form of cold and dry weather, abrasive activity in damp conditions, exposure to chemical or mechanical stress might contribute to the severity of lesions. ACD, together with irritant contact dermatitis, is one of the most abundant occupational diseases in Europe and a considerable socioeconomic burden due to cost of treatment and loss of productivity<sup>(2)</sup>. Occupations particularly under risk of ACD development include hairdressers, who have regular contact with irritants and contact allergens. Hair dye component *p*-Phenylenediamine (PPD) used in dark permanent hair dyes is a well-known allergen for ACD<sup>(1, 3)</sup>. Allergic reactions to PPD are not only observed as an occupational disease, but among the general population as well. Severe reactions to hair dye can result in hospitalization due to swelling of the face, obstructing the airways as well as severe scalp eczema, which can lead to complete or partial hair loss. Recent studies have shown that approximately 4 % of patients patch tested at dermatology clinics in Europe are sensitized to PPD<sup>(4)</sup>. Hair dye is suspected to be the main route of exposure but also temporary black henna tattoos pose a common route of sensitization, especially in children and young adults<sup>(5, 6)</sup>. Hairdressers are exposed to PPD on a regular basis through their work with hair dyes where protective work habits are only able to limit the exposure, but not eliminate it<sup>(7)</sup>. Exposure to PPD can be detected both externally on the skin surface, but also internally in urine samples, with little effect seen of glove use<sup>(8)</sup>. PPD has been shown to sensitize majority of exposed

individuals after only two exposures <sup>(9)</sup> and hairdressers are therefore like to be sensitized to PPD. However; the majority of the PPD exposed individuals but the majority do not develop allergy. The exact mechanism of tolerance development in exposed but not responding individuals is currently unknown.

PPD is a highly reactive small aromatic compound and contact allergy to PPD is thought to be initiated by the products formed by reaction of PPD with proteins found in the skin <sup>(1)</sup>. Among the suggested allogenic mechanisms is the oxidation of the amino acid cysteine in human serum albumin, <sup>(10)</sup> whereas the acetylation of PPD by N-acetyltransferase from keratinocytes is reported to neutralize the allergenic potential of PPD <sup>(11)</sup>. The skin barrier plays a crucial role, not only in limiting the penetration of PPD but also in generating the epitopes causing allergy. The epidermal barrier of the skin forms the first layer of defense against potential pathogens, pollutants and allergens. It is composed of elements of innate immunity such as anti-microbial peptides, pathogen recognition receptor systems, lipid and ions designed to prevent colonization by pathogens, as well as protecting the commensal microbiota of skin. Tight junctions (TJ) seal the epidermal layer against the outer environment, preventing access of pathogens and antigen into deeper layers of skin. It is now known that disruption of epithelial barrier by dysregulated TJs and *stratum corneum* (SC) proteins is one of the underlying causes of many allergic skin diseases. The TJ family proteins Claudin-1 (CLDN-1) and CLDN-8, as well as CLDN-23 are expressed at lower levels in the lesional skin of atopic dermatitis (AD) patients <sup>(12, 13)</sup> and loss of adherens junctions and TJs, marked by decreased expression of CLDN-18 and E-cadherin is typical for asthma <sup>(14, 15)</sup>.

Filaggrin-1 (FLG) and FLG-2 are expressed at lower levels in lesional skin of AD patients <sup>(16)</sup>. FLG-null mutations in humans lead to a susceptibility to hand eczema, childhood-onset AD and sensitization to contact allergens <sup>(17)</sup>. Furthermore, AD and hand eczema patients with FLG-null mutations showed exacerbation of skin symptoms and a lower quality of life <sup>(18, 19)</sup>.

The skin barrier is therefore not only involved in the development of various skin diseases but also the severity of said diseases.

However, the full extent of changes in epidermal barrier, as well as the effect of epidermal barrier in contact hypersensitivity reactions against hair-dye allergens such as PPD are currently unknown. In this report, we have for the first time performed RNA-sequencing on skin biopsies treated with PPD collected from clinically non-responder hairdressers and patients allergic to PPD. Furthermore, we show for the first-time expression changes in epidermal barrier molecules and TJs in PPD exposed skin. We here show that multi-level damage caused by PPD to the skin barrier is not only seen in allergic skin but also in non-responder individuals.

## **Materials and methods**

### **Study population**

The study included two groups; a PPD allergic patient group from the allergy clinic at Gentofte Hospital, Copenhagen and a group of PPD exposed but non-allergic hairdressers referred to as non-responders. The allergic group was diagnosed PPD allergy within the past 5 years at our clinic. Non-responders were all hairdressers with 5 or more years in the field and with no history of contact allergy or eczema. The participants were adults between 18 and 60 years, further characteristics are listed (Table 1). Patients with other inflammatory skin diseases or receiving immunosuppressive medication were excluded. All participant gave informed written consent and the study was conducted in accordance with the Helsinki declaration.

**Table 1. Patient characteristics**

<b>Group (n)</b>	<b>Sex</b>	<b>Age (mean)</b>	<b>PPD reaction Score</b>	<b>Other contact allergies</b>	<b>Type 1 allergies</b>	<b>Non-allergic eczema</b>	<b>Occupational PPD exposure</b>
Tolerant (7)	F	32.1	0	0/7	0/7	0/7	7/7
Mild allergic (4)	F	36.3	? / +1	3/4	4/4	2/4	2/4
Severe allergic (5)	F	45.6	+2/+3	5/5	3/5	3/5	0/5

Patients from the non-responder group did not have any type-1 allergies or non-allergic eczema, whereas some allergic individuals were multi-allergic to both type-IV and type-I allergens. All non-allergic eczema was described as hand eczema with dry skin in the winter but with no relevant allergen sensitization during patch-testing. Occupational exposure was based on the participants own recollection and description of work, all allergic individuals had reacted to personal exposure to either dark hair color, dark henna tattoos or other known sources of PPD exposure.

### **RNA sequencing**

9 allergic individuals and 7 non-allergic hairdressers were patch tested for 48 hours using 8mm Finn chambers with 20mg 1% PPD in Vaseline and a vehicle (Vaseline) control. The patch test scored at day 2 and day 4 according to the true-test criteria (IR, ?, +, 2+ or 3+). 4 mm punch biopsies were collected at day 4 from both the PPD and vehicle test-site. The biopsies were placed in RNA later and frozen in liquid nitrogen before storage at -80°C. Total RNA was prepared from skin biopsies using the RNeasy Universal Plus kit (QIAGEN, Hilden, Germany). The quantity and quality of the isolated RNA was determined with a Qubit® (1.0) Fluorometer (Life Technologies, California, USA) and a Bioanalyzer 2100 (Agilent, Waldbronn, Germany) and samples with RNA integrity number >7.0 were chosen for sequencing. Library preparation for RNA-seq was performed using the TruSeq Stranded mRNA Sample Prep Kit (Illumina, Inc, California, USA).

Total RNA samples (400 ng) were ribosome depleted and then reverse-transcribed into double-stranded cDNA with Actinomycin added during first-strand synthesis. The cDNA samples were fragmented, end-repaired and polyadenylated before ligation of TruSeq adapters. The

adapters contain the index for multiplexing. Fragments containing TruSeq adapters on both ends were selectively enriched with PCR. The quality and quantity of the enriched libraries were validated using Qubit® (1.0) Fluorometer and the Bioanalyzer 2100 (Agilent, Waldbronn, Germany). The product is a smear with an average fragment size of approximately 360 bp. The libraries were normalized to 10nM in Tris-Cl 10 mM, pH8.5 with 0.1% Tween 20.

The TruSeq SR Cluster Kit v4-cBot-HS or TruSeq PE Cluster Kit v4-cBot-HS (Illumina, Inc, California, USA) was used for cluster generation using 8 pM of pooled normalized libraries on the cBOT. Sequencing were performed on the Illumina HiSeq 2500 paired end at 2x126 bp or single end 126 bp using the TruSeq SBS Kit v4-HS (Illumina, Inc, California, USA).

Sequencing images were transformed with Illumina Basecaller software to bcl files, which were demultiplexed to fastq files with CASAVA v1.8.2 software (Illumina). Quality check on the reads was performed with fastqc (v.0.10.0, Babraham Institute, Cambridge, UK).

Raw sequencing reads were mapped to the Homo Sapiens genome (GRCh38 build) using RSEM (v1.2.12) [PMID: 21816040] implementation of Bowtie software (v 1.0.0) [PMID: 19261174] alignment program with the Ensembl annotation (v 75). Gene and isoform level abundances were quantified as RPKM values. Clustering analyses were performed using the “ward.D2” clustering algorithm implemented in the “hclust” function of R statistics package. Heatmap plots were performed with the function “heatmap.2” implemented in the gplots R package.

Differential expression analysis between two groups was performed using edgeR R bioconductor package [PMID: 19910308]. Genes present in less than 75% of samples in both conditions were removed. Q-values were calculated using the Benjamini-Hochberg method and genes with a q-value <0.05 and an absolute value of log<sub>2</sub> (fold change)>1 were kept for further analysis.



Gene ontology (GO) term enrichment analysis was performed using GOrse bioconductor package [PMID: 20132535] using the Wallenius approximation.

### **Skin cultures**

Skin cultures from mammary skin grown for 13 days (Episkin, France) were grown in air-liquid interface cultures overnight before use. Cultures were stimulated with 0.5% PPD in PBS, 0.5% H<sub>2</sub>O<sub>2</sub> in PBS or PBS alone. Skin cultures and supernatants were collected at 8 hours and 24 hours for confocal microscopy, qPCR analysis and cytokine analysis respectively.

### **Confocal microscopy**

Biopsies were collected at day 4 from 4 non-responder hairdressers and 1 PPD allergic patient. Upon collection the biopsies were embedded in tissue-tek, frozen in liquid nitrogen and stored at -80°C. The biopsies were cut in 7µm slices, fixed with 4% PFA on glass slides and stained with primary antibodies CLDN1, CLMP, FLG1 and FLG2 and secondary fluorochrome labeled antibodies goat anti-rabbit AF546, goat anti-rabbit AF488, goat anti mouse AF546.

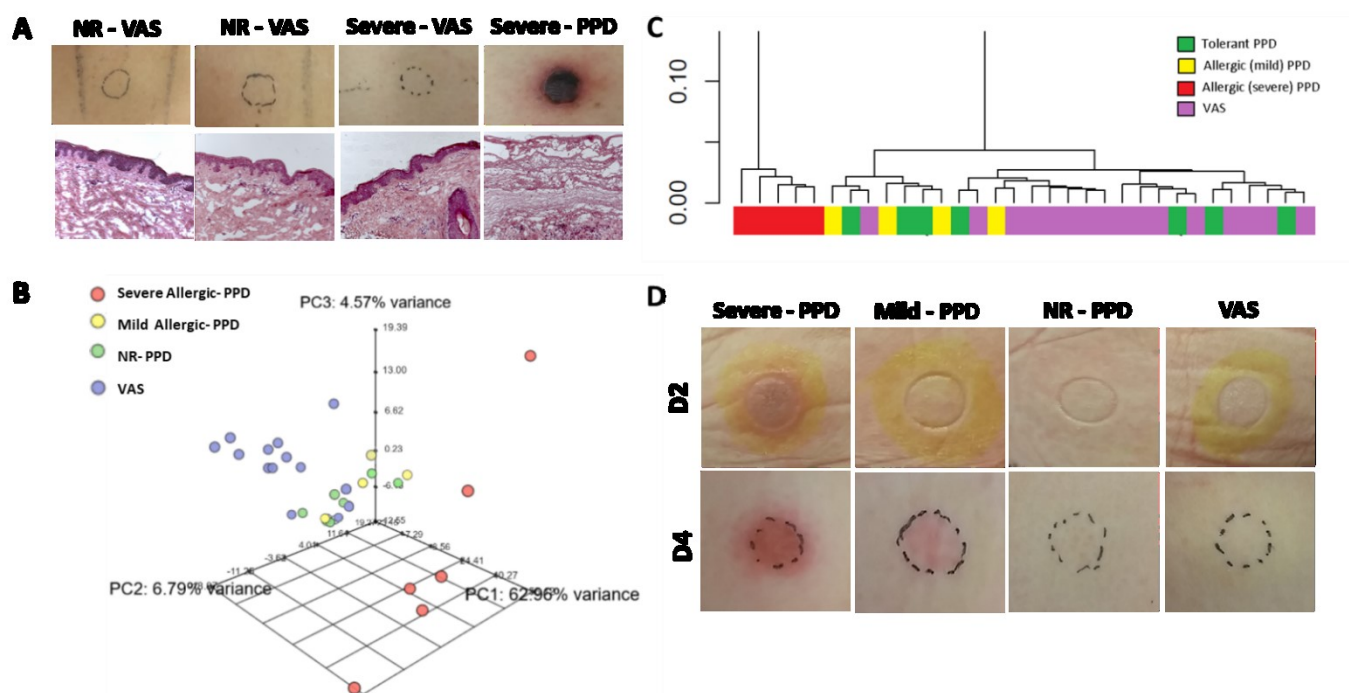
### **Statistics**

Significant differential expressed genes was defined as genes with a false discovery rate (FDR) below 0.015. Gene expression between paired samples, PPD exposed and vaseline exposed skin from the same individual, was analyzed using Wilcoxon test and comparison between groups was done using Mann Whitney test. Pathway analysis was done using the Enricher platform and the Panther database. significant pathways were defined as pathways with an adjusted P-value below 0.01. Venn diagrams of significantly regulated genes between comparison groups were visualized by the online application “genevenn.sourceforge.net” developed by Vijayaraj Nagarajan and Mehdi Pirooznia.

## **Results**

### **Altered gene expression in skin after PPD exposure corresponds to clinical manifestations**

Non-responder individuals patch tested with 1% PPD showed no clinical reaction and no changes in general histology whereas allergic individuals showed reactions ranging from mild swelling and redness to severe blister formation followed by necrosis (Figure 1A). RNA sequencing, subsequent principal component analysis (PCA) and hierarchical clustering of skin biopsies collected from patch tested individuals show a unique gene expression profile for PPD exposed skin from PPD allergic patients who developed skin lesions with higher severity (graded +2 and +3) (Figure 1B). Gene expression profile of PPD allergic individuals with mild reaction to PPD (graded +1 and ?) were observed to cluster closely with vaseline exposed skin from non-responder and PPD allergic patients, as well as PPD exposed skin from non-responder individuals. Overall hierarchical clustering of skin biopsies according to the top 2000 genes with high standard deviation shows that the transcriptomic signature of PPD exposed skin depends on severity of clinical reaction (Figure 1C). Furthermore; inflammatory signs such as erythema, thickening of the skin and inflammatory papules are visible in severe and mild allergic skin are visible after second day of PPD stimulation, and gets more severe after fourth day. Skin characteristics and phenotype do not change with vaseline stimulation and in non-responders at day 2 or day 4 (Fig 1D)



**Figure 1. Reactions to PPD patch test in non-responder and allergic individuals.** Clinical reactions and corresponding HE staining of tissue at day 4 after patch with 1% PPD in vaseline or vaseline control (A). 3D PCA plot of sample clustering when looking at the top 2000 differentially expressed genes (B). Hierarchical clustering of samples in top 2000 differentially expressed genes (C). Outward clinical reactions of PPD and vaseline stimulated skin at days 2 and 4 after patch is applied (D). Severe allergic reactions (red)  $n=5$ , mild allergic reaction reactions (yellow)  $n=4$ , PPD exposed skin from non-responder individuals (green)  $n=7$  and vaseline controls (purple)  $n=16$ .

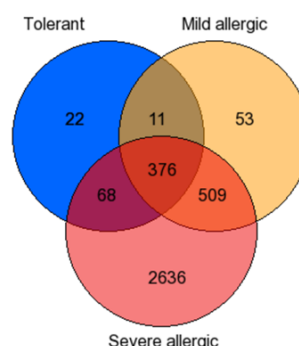
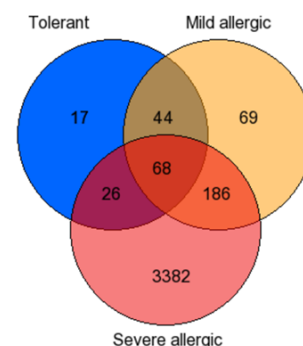
### Patterns of gene expression differ between Allergic and non-responder groups

Next, we investigated the enriched pathways for the differentially expressed genes between non-responder, mild allergic and severe allergic skin biopsies. Differentially expressed genes from the 3 groups was divided to up-regulated genes (Figure 2A-B) and down-regulated genes (Figure 2C-D) and compared between the 3 groups. 22 upregulated genes were found to be

unique for the non-responder group, 53 for the mild allergic and 2636 genes was unique to the severe allergic group. 376 genes were up-regulated in all groups. The genes in each group, shared or unique, was analyzed for significant pathway association (Figure 2A). Up-regulated pathways in allergic individuals were in majority belonged to immune response pathways involved in T-cell recruitment and activation, inflammation, cytokine and chemokine signaling. In the severe reaction group, genes belonging to response against cellular damage, like FAS and apoptosis signaling was significantly up-regulated. The non-responder group showed significant up regulation of 3 immune relevant pathways and a gene involved in serotonin degradation. Among the down-regulated genes was 17 genes unique for the non-responder group, 69 for the mild allergic and 3382 for the severe allergic (Figure 2C). The most significant down-regulated gene pathways were pathways involved in cell adhesion, tissue regeneration and cell metabolism (Figure 2D). Association of downregulated genes with cellular adhesion and cellular junction pathways, as well as identification of multiple genes with known function on skin barrier in individual gene lists led us to investigate the state of skin barrier and cell adhesion components in PPD allergic skin. (Figure E1).

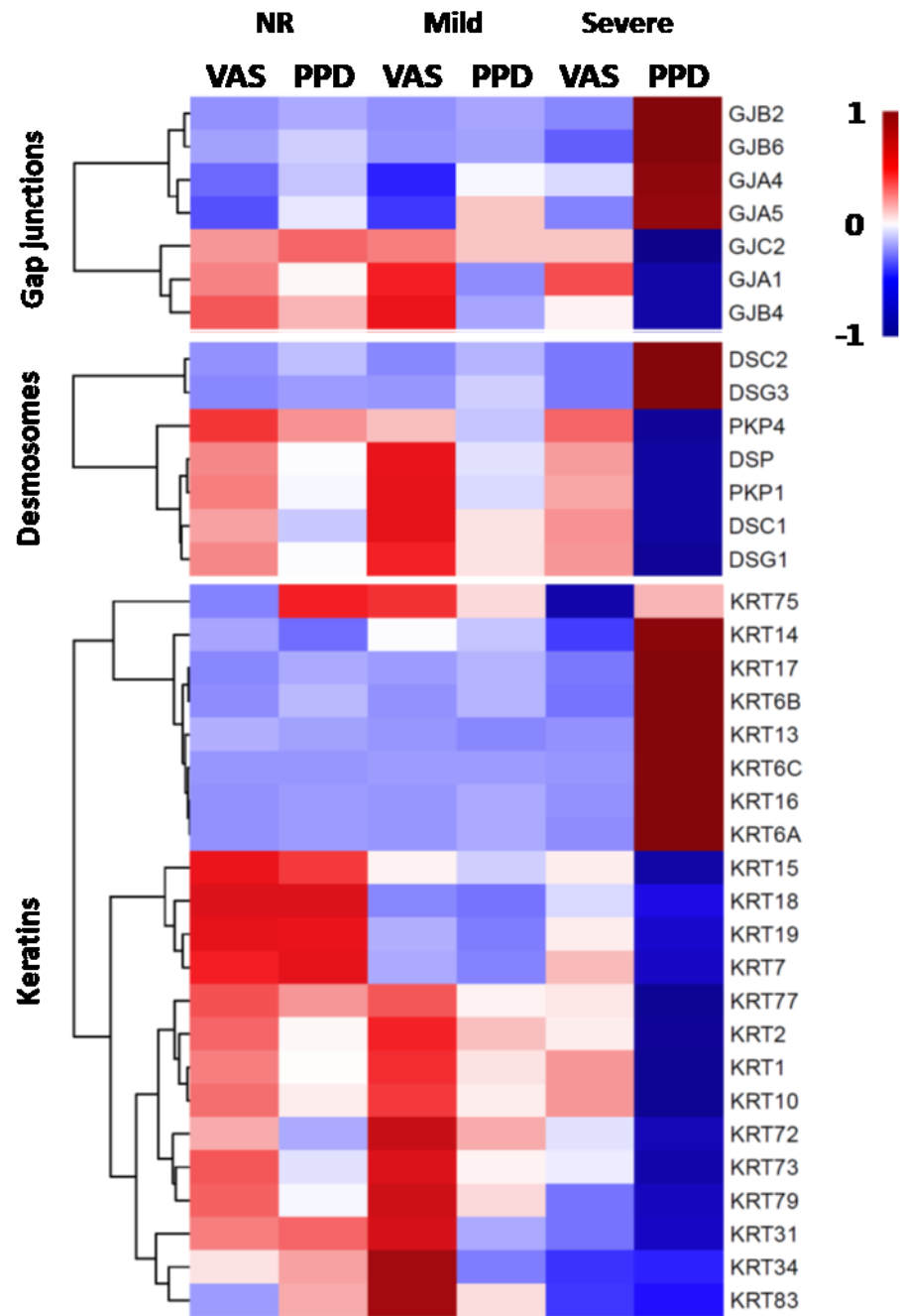
**A**

Group	Pathway	N	Adjusted P-value
NR	Serotonin degradation	1	0.005488
NR / Mild:	None significant	-	
Mild:	None significant	-	
Mild / Severe	Inflammation mediated by chemokine and cytokine signaling	20	0.000002599
	T cell activation	13	0.000002384
	Apoptosis signaling	11	0.001323
Severe:	Apoptosis signaling	39	1.791e-8
	CCKR signaling map ST	46	0.00002091
	Parkinson disease	28	0.00002171
	Interleukin signaling	29	0.00002171
	Integrin signaling	39	0.0009766
	VEGF signaling pathway	17	0.005042
	Inflammation mediated by chemokine and cytokine signaling	41	0.006756
	Toll receptor signaling	16	0.005042
	EGF receptor signaling	27	0.006756
	FAS signaling	12	0.005042
	B cell activation	17	0.006756
Severe / Tolerant	p53 pathway	4	0.002301
All shared	T cell activation	8	0.003221
	Inflammation mediated by chemokine and cytokine signaling	12	0.005764

**B****C****D**

Group	Pathway	N	Adjusted P-value
NR	None significant	-	
NR/ Mild:	Cholesterol biosynthesis.	3	8.096e-6
Mild:	None significant	-	
Mild / Severe	Circadian clock system	3	0.0009422
Severe:	Cadherin signaling	70	1.967e-15
	Wnt signaling (skin tissue regeneration)	98	4.009e-12
Severe / Tolerant	None significant	-	
All shared	Cholesterol biosynthesis	3	0.00004866

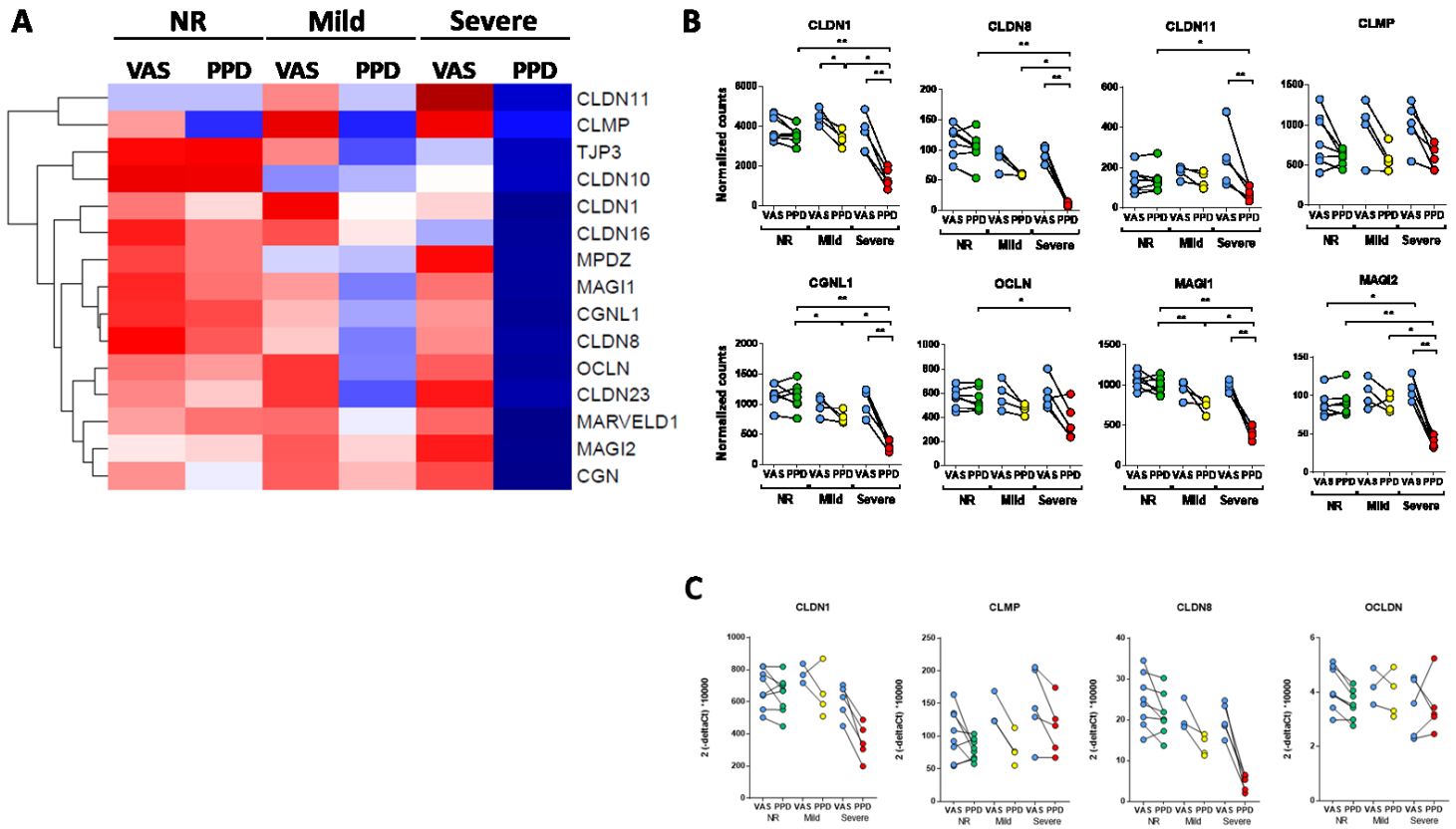
**Figure 2.** Comparison and pathway analysis of significantly up-regulated (A) or down-regulated (D) genes among non-responder individuals (blue), mild allergic individuals (yellow) and severe allergic individuals (red) (significance defined as a  $fdr > 0.015$ ). Pathway analysis using the EnrichR/panther databases of up or down regulated genes in all groups in genes overlapping between one or more groups. N = involved genes in the given pathway. Venn diagrams indicating the number of unique and shared genes significantly upregulated (B) or downregulated (C) between comparisons.



**Figure E1. Significantly regulated gap junctions, desmosomes and keratin molecules in PPD exposed severe allergic skin.** Heatmap visualizing significantly changing molecules in severe allergic PPD exposed skin (p-value<0.05).

### **Down regulation of TJ genes corresponds to clinical severity of the allergic reaction**

To analyze the expression for the TJ components of skin, 47 genes with known association of function with the TJ gene family were curated from Gene Ontology (GO), Kyoto Encyclopedia of Genes and Genomes (KEGG) databases and previous publications. 32 genes out of 47 were found to be expressed in skin, according to the mean expression threshold value of >10 unique read counts. Analysis of the expression of TJ genes expressed in non-responder, mild allergic and severe allergic skin groups revealed 15 out of 32 (% 46.8) TJ genes were significantly down regulated genes in one or more groups (Figure 3A). All 15 genes were down regulated in severe allergic patients whereas CLDN1 and CLMP was significantly down regulated in the mild allergic. CLMP and CLDN1 downregulation did not reach statistical significance in the PPD exposed non-responder group but showed a similar picture to the downregulation observed in PPD exposed allergic patients (Figure 3B). Validation of RNA sequencing results with qPCR, confirmed observation made for TJ genes CLDN1, CLDN8 and CLMP (Figure 3C).



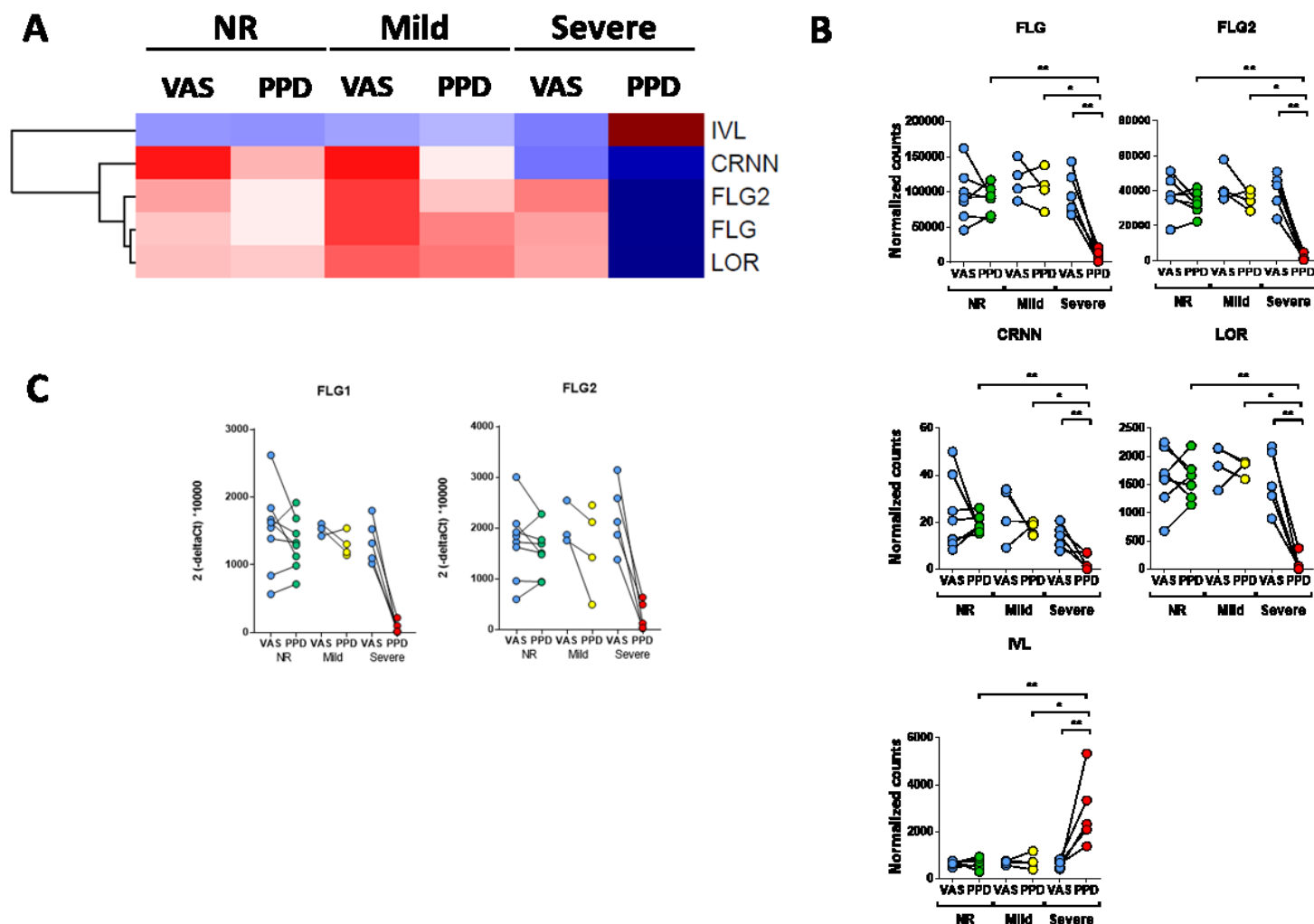
**Figure 3. Significantly regulated TJ molecules in PPD exposed severe allergic skin.**

Heatmap visualizing significantly changing TJ molecules in severe allergic PPD exposed skin (p-value<0.05) (A). Scatter plots for the top 8 significantly downregulated TJ molecules in PPD exposed severe allergic skin, with statistical comparisons for all subject groups (p<0.05 \*, p<0.01 \*\*, p<0.001 \*\*\*) (B). qPCR confirmation of several TJ molecules significantly downregulated in severe allergic PPD exposed human skin. Gene expression calculated as arbitrary units ( $2^{-\Delta\Delta C_t} \cdot 10000$ ) according to EEF1A expression (C)



### **PPD causes dysregulation of Filaggrin family proteins in allergic skin**

In line with the downregulated pathways identified in our differential expression analysis of PPD exposed skin groups, we analyzed the expression of the 10 filaggrin family genes and found 5 (% 50) differential expressed genes in one or more groups after PPD exposure (figure 4 a). Severe allergic reactions to PPD results in down regulation of 4 filaggrin family members; FLG1, FLG2, loricrin (LOR) and cornulin (CRNN) (Figure 4A). When looking at expression levels in each donor individually, only some donors in the mild allergic and non-responder group decreased, but not as much as seen in the severe allergic group (Figure 4B). In contrast, involucrin (IVL), showed significant upregulation in the severe allergic reactions, but no change in neither mild allergic reactions nor non-responder individuals.

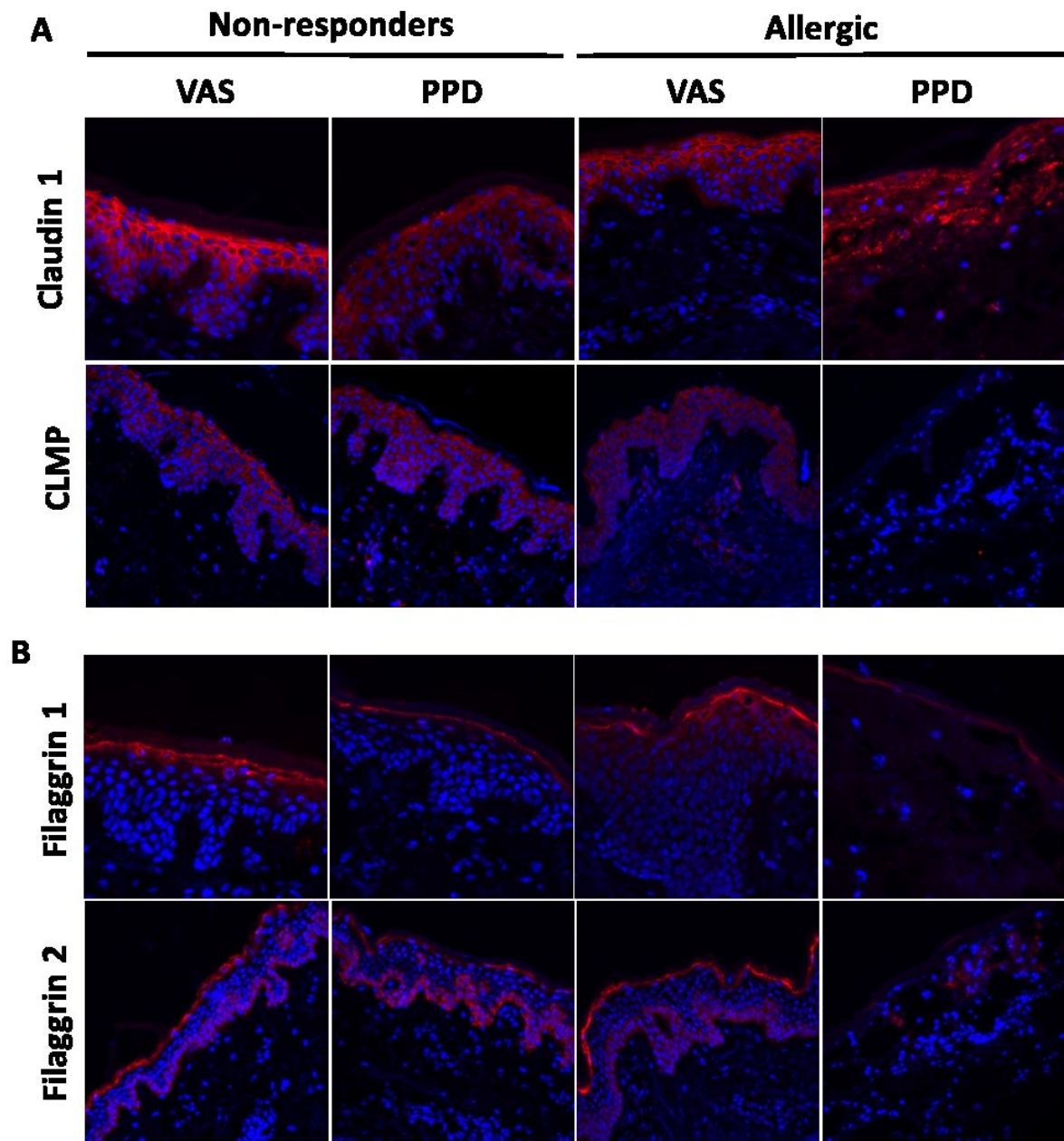


**Figure 4. Significantly regulated *stratum corneum* molecules in PPD exposed severe allergic skin.** Heatmap visualizing significantly changing *stratum corneum* molecules in severe allergic PPD exposed skin ( $p$ -value<0.05) (A). Scatter plots for the top 5 significantly downregulated *stratum corneum* molecules in PPD exposed severe allergic skin, with statistical comparisons for all subject groups ( $p$ <0.05 \*,  $p$ <0.01 \*\*,  $p$ <0.001 \*\*\*) (B). qPCR confirmation of FLG1 and FLG2 in severe allergic PPD exposed human skin. Gene expression calculated as arbitrary units ( $2^{(-\Delta Ct)} \times 1000$ ) according to *EEF1A* expression (C)

### **PPD changes protein expression and organization of TJ molecules in allergic and non-responder individuals**

Changes in barrier protein expression levels and the location in epidermis was visualized via confocal microscopy of skin biopsies day 4 of patch test with 1% PPD in Vaseline from 5 non-responder hairdressers and 1 severe allergic patient (Figure 5). CLDN1 and CLMP from the TJ proteins was seen localized to the cell surface membrane forming a net-like pattern between the keratinocytes throughout epidermis in vaseline controls of both the non-responder hairdressers and the severe allergic individual (Figure 5A). We saw a decrease in CLDN1 after PPD exposure in non-responder individuals but with an intact net-like structure whereas there was a complete disruption of the epidermis in the allergic individual causing the net-like structure to disappear when looking at both CLDN1 and CLMP.

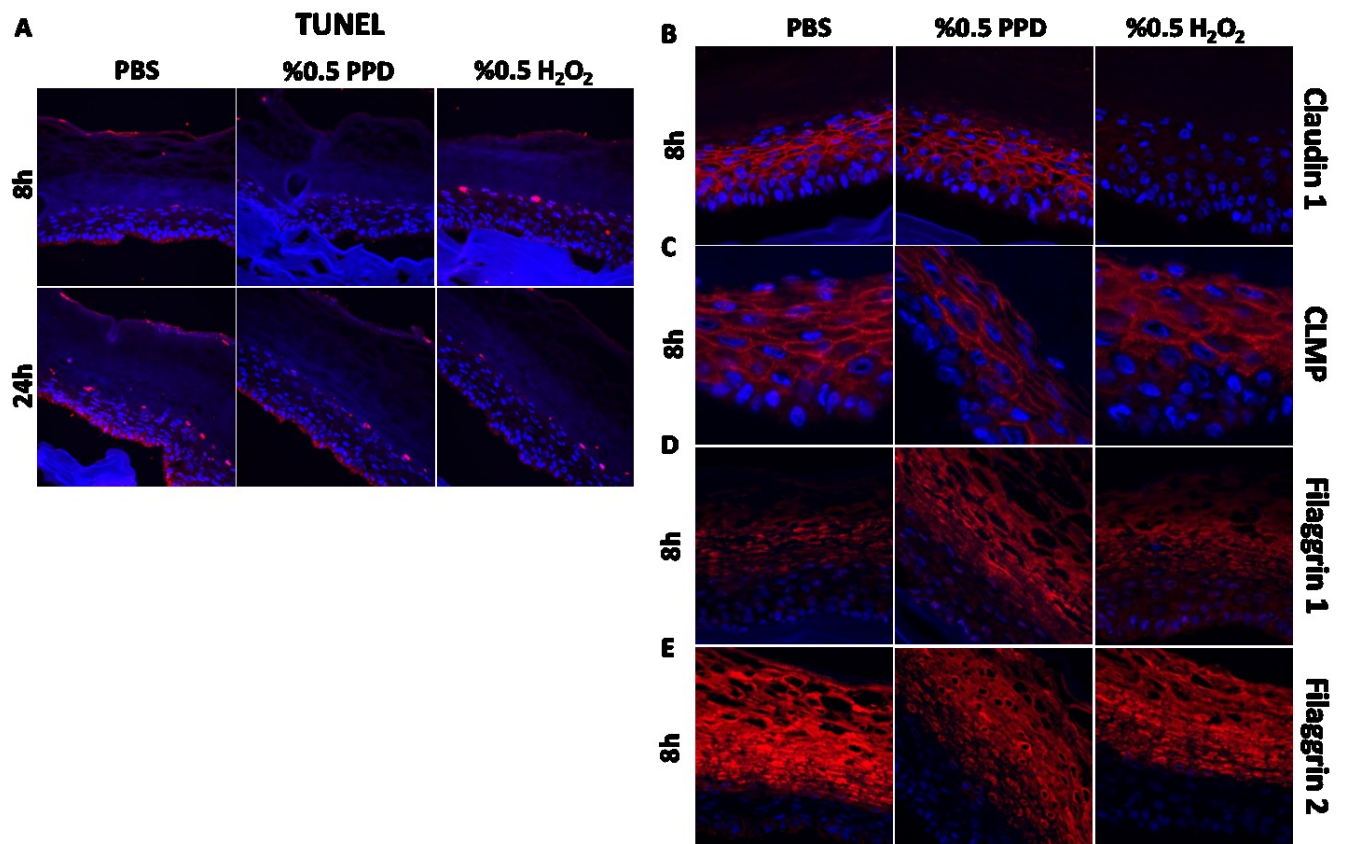
PPD causes decreased protein expression of FLG1 and FLG2 in both non-responder and allergic individuals. An even distribution of both FLG1 and FLG2 proteins was seen in the outer layer of epidermis in the Vaseline controls of both the non-responder hairdressers and the severe allergic individual (Figure 5B). PPD exposure caused a visible decline in of both protein in the outer layer of epidermis. FLG2 was also seen expressed in the basal membrane, this expression did not seem to be affected by PPD exposure in the non-responder individuals.



**Figure 5. Confocal staining of barrier proteins in human skin biopsies.** TJ proteins CLDN1 and CLMP (a) and Filaggrin family proteins FLG1 and FLG2 (b) in Non-responder and allergic individuals at day 4 after patch with Vaseline or 1% PPD in Vaseline. Non-responder individuals N=5, allergic N=1.

### **PPD did not induce apoptosis in healthy skin cultures but changes expression of CLDN1, CLMP and FLG2**

Since PPD is highly oxidative, we tested the direct toxicity of PPD on healthy skin cultures after 8 and 24 hours of exposure but no indication of increased apoptosis was seen, though a general cell death in the basal membrane was seen after 24h in all cultures. We there next looked at the barrier protein expression CLND1 was expressed at the cell surface of keratinocytes and showed limited decrease in expression but signs of disorganization 8 hours after exposure to PPD whereas there was visibly decreased CLDN1 expression after hydrogen peroxide exposure. CLMP was mainly seen expressed at the cell membrane and in lower levels in the cytosol. CLMP showed decreased expression 8 hours after PPD exposure, but still localized to the cell surface whereas hydrogen peroxide exposure showed a disruption of expression at the cell surface and a more homogenous expression in the cytosol. FLG1 showed no change after neither PPD nor hydrogen peroxide exposure, but a decrease in expression was seen for FLG2 in both PPD and hydrogen peroxide exposed cultures (Figure 6A-B).



**Figure 6. Confocal images of apoptosis and barrier proteins in skin cultures 8 and 24 hours after PPD exposure.** Apoptosis staining of skin cultures after 8 and 24 hours after exposure to PPD (a). Barrier proteins CLDN1 (b), CLMP (c), FLG1 (d) and FLG2 (e) was stained 8 hours after PPD exposure. Negative control was vehicle (PBS) alone and H<sub>2</sub>O<sub>2</sub> was used as positive control for oxidative damage.

## Discussion

Hairdressers are known to be at risk of developing allergic skin diseases due to their high exposure to strong allergens like PPD. PPD has long been known as a strong allergen and the industry has tried over the past 15 years to modify or find alternatives PPD to make it less allergenic generating an array of new components with various success. PPD is slowly being replaced in many consumer products, but both hairdressers and private consumers still experience a high level of exposure as reflected in the general sensitization rate. Several studies have shown how glove use and work habits can decrease the exposure in hairdressers, but there is still a low-dose exposure seen regardless of how well trained the hairdressers are <sup>(7, 20)</sup>. Therefore, it remains relevant to illuminate what effects PPD exposure has on the human body, especially the skin barrier.

It is thought that development of sensitization to PPD might be a question of skin penetration. Non-responders to PPD have undergone long exposure to the allergen, but a stable and strong epidermal barrier might be the key to the tolerance towards the allergen. However, our study did not observe any differences in barrier molecule expression in allergic and non-responder individuals before PPD exposure. Overall the TJ molecules and *stratum corneum* molecules show similar levels of expression in both mild and severe allergic individuals as well as non-responders in the stable state. We propose that instead of inherent differences in skin barrier stability, other tissue factors and severity of inflammation as a result of PPD exposure drives development of contact allergy lesions.

Expression of TJ molecules CLDN1 and CLMP in particular seems to be downregulated upon PPD exposure in both mild and severe allergic individuals, as well as non-responders. On the other hand, the rest of the significantly regulated TJ and *stratum corneum* barrier molecules

are mainly downregulated in severe allergic individuals and to a lesser extent, in mild allergies upon PPD stimulation. Confocal microscopy imaging of FLG1, FLG2 and CLDN1 confirms loss of these barrier molecules in non-responding individuals. Skin inflammation in atopic dermatitis, as well as contact dermatitis and psoriasis have been reported to downregulate FLG1.

Oxidative stress has been proposed as the main mechanism of action for PPD damage on skin. Other studies have suggested the induction of reactive oxygen species as an important mechanism in induction of PPD allergy as that could provide the first damage signal activating the innate immune system and allowing antigen presenting cells to activate and migrate to the local lymph nodes. The difference between allergic and non-responder individuals could thereby also be found in response of skin to oxidative damage and damage control. In our study, we observed damage to skin barrier in both non-responder and allergic individuals at day 4 after exposure. A more extensive analysis of earlier time points would be needed to conclude if non-responder individuals have a different immediate response to PPD than allergic individuals.

It is known that the PPD is neutralized to a large degree in the uppermost layers of the skin. Therefore, the specific epitopes and the nature of the signals that reach Langerhans cells and resident memory T lymphocytes that lead to sensitization for PPD and the development of contact allergy are currently unknown. It is thought that the cellular damage and exposure of self-molecules as a result of PPD exposure leads to activation of skin resident dendritic cells and T lymphocytes.

The response observed at fourth day in non-responder individuals after PPD exposure might be mechanisms of damage control and wound healing in response to the oxidative stress. It might be also a response mechanism against uncontrolled initiation of inflammation. The non-responder skin might have a higher threshold of exposure before development of allergic



reactions. This could be either a higher tolerance to allergen exposure, or a higher tolerance to tissue damage and oxidative stress.

## References

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